

## STAPELEY COMMUNITY HALL ACTIVITIES

With effect from September 2018

Day	Times	Activity	Contact	Notes
Mon	10.15 am – 2.45 pm	Baby Sensory	Jayne Edwards	
	4.00 pm – 6.00 pm	Dance class	Jo Smith	Starting 3 September
	7.00 pm – 8.00 pm	Pole Fitness	Sophie Smith	Except third Monday
	7.30 pm – 10.00 pm	Parish Council	Carol Jones	Monthly - third Monday
Tues	11.00 am – 12 noon	Yoga	Gemma Hinde	
	1.30 pm – 2.30 pm	Babies' activities	Kate Barton	Currently on maternity leave – back in September
	7.30 pm – 8.00 pm	Intensive workout	Sam Bennett	
Wed	9.00 – 10.30 am	Intensive workout	Sam Bennett	
	12 noon – 1.30 pm	Blood Cancer Support Group	Karen Bonell	Bi-monthly
	6.30 pm – 9.30 pm	Pole fitness	Sophie Smith	
Thurs	10.00 am – 12 noon	U3A Bridge Club	John Sherwood	Starting 20 September
	1.30 pm – 2.30 pm	Babies' activities	Kate Barton	
	6.00 pm – 7.00 pm 7.00 pm - 8.00 pm	Beavers Cubs	Ellie Rose	
Fri	9.15 am – 9.45 am	Intensive workout	Sam Bennett	
	11.00 am – 12 noon	Dance class	Jo Smith	
	7.00 pm – 8.00 pm	Pole fitness	Sophie Smith	
Sat				
Sun				