

**STAPELEY COMMUNITY HALL  
REGULAR ACTIVITIES – FROM 28 FEBRUARY 2017**

**The hall is generally available for parties at the weekends. Bookings can be made by telephoning 01270 812065, or e-mailing [carol.jones@stapeleyparishcouncil.gov.uk](mailto:carol.jones@stapeleyparishcouncil.gov.uk)**

Day	Times	Activity	Contact	E-mail address
Mon	9.45 am – 2.45 pm	Baby Sensory	Linda Boyd	southcheshire@babysensory.co.uk
	7.30 – 10.00 pm (monthly)	Parish Council	Carol Jones	carol.jones@stapeleyparishcouncil.gov.uk
Tues	10.30 am – 12 noon	Yoga (from 28 Feb 2017)	Gemma Hinde	gemma.hinde@hotmail.co.uk
	1.00 – 2.00 pm	Pole fitness	Sophie Smith	s.smith0807@hotmail.co.uk
	7.30 pm – 8.00 pm	Intensive workout	Sam Bennett	Saml.bennett@hotmail.co.uk
Wed	9.00 – 10.30 am	Intensive workout	Sam Bennett	Saml.bennett@hotmail.co.uk
	11.00 – 12 noon	Pole fitness	Sophie Smith	s.smith0807@hotmail.co.uk
	1.00 – 3.00 pm	Moo Music	Natalie Bartlett	natalie@moo-music.co.uk
	6.30 – 9.30 pm	Pole fitness	Sophie Smith	s.smith0807@hotmail.co.uk
Thurs	6.00 pm – 8.00 pm	Scouts	Kerry Brown Jo Long	<a href="mailto:Kez0209@btinternet.com">Kez0209@btinternet.com</a> stapeleyscouts@gmail.com
Fri	9.15 am – 9.45 am	Intensive workout	Sam Bennett	Saml.bennett@hotmail.co.uk
	10.30 am – 12.30 pm	Exercise with babies	Charlotte Day	Healthandhappinessforever1@gmail.com
	7.30 pm – 8.30 pm	Pole fitness	Sophie Smith	s.smith0807@hotmail.co.uk
Sat				
Sun	10.00 am – 5.00 pm (once a month)	Yoga	Rick Calligaro	rickcalligaro@hotmail.com